



Knightsbridge News

February 2020 * Volume 10 * Issue 2

President's report...

I do not know how many times I have said (to myself, of course!) that I need to be less wordy in my report each newsletter. Well here goes another month and I still seem to have a lot to say!

Membership for 2020 - remains on sale at the front desk. PLEASE complete a FULL information record form. If you have not filled one in, please get one from the desk staff volunteers. Our records are being nicely brought up to date. It is necessary to have your address, phone no. and most importantly your Next of Kin's contact information correct, so please provide us with all your information.

Let me assure you that ALL your information will be kept in-house, and secure - ONLY the Board members and the desk staff have access to this, and would be used for emergency purposes ONLY!

UPCOMING EVENTS:

- **PANCAKE BREAKFAST** - Wednesday, February 26 - and yes, the price has gone up like everything else - don't you love your grocery bill these days?
- **Volunteer Dinner** - Friday, March 13, 2020 - Directors & Con-

venors get your sheets in for all volunteers. Invitations will be going out very shortly.

- **Annual General Meeting** - Tuesday, March 24, 2020 - flyers, and details will have been posted by the time you get this newsletter. PLEASE make note of the date and time - we need a quorum, on the day of the AGM for the meeting to happen, and our financials to be ratified. IF you have any questions - or would like to be nominated for one of the "Open" positions - please talk to one of the Board members about details.

- **Annual Garage Sale** - Saturday, April 25 - with set up to be scheduled for Friday, April 24th. DO NOT FORGET, we CANNOT accept items for the Garage Sale BEFORE NOON on Friday, April 24, 2020.

So far, that is all we have planned - BUT I am hoping that someone will step forward to organize a SOCIAL COMMITTEE to help the Board with other new or special events that we could, and probably should, take under consideration.

HAPPY LEAP YEAR - Happy Valentine's Day - for this month. Stay well folks - and see you around the Club!

Wanda Menge,
President, KSC



Vice-President's report...

Hi everyone, I'm at my computer Saturday, January 18 with a storm going on, but I'm thankful I'm not in Newfoundland.

I would ask you to make sure you have your new membership for 2020; you just have to go to the front desk.

Thank you for coming out to BINGO. We will be doing a pancake breakfast on Feb 26 and the tickets will be on sale at the desk for \$6.00. That is a bingo day so come out and enjoy, sausage, pancakes, tea, coffee or juice we look forward to seeing you there.

We are having a garage sale in April so if you are cleaning out cupboards and closets keep Knightsbridge in mind we can arrange pickup if you have no way of getting your things to the club just make sure they are packed neatly, just let us know.

Happy Valentine's Day to all our members, don't forget your loved ones and a card telling them how important they are to you, it will make a big difference and it's not always about a gift.

Stay safe and warm,

Your Vice-
Peggy Healy

Directors reports...

I am working on a theatre trip but I am still waiting to hear back from Mirvish.

Marguerite Friday
Director/Trip Co-ordinator

Hello everyone, I hope you are all staying warm and safe this winter.

Ceramics are holding up well and euchre is doing well too, but Tai Chi can use more participants. Don't forget line dancing on Monday afternoon and Friday evenings.

Hope to see you soon.
Nancy Van Tassel,
Director

The bid euchre is doing very well. The bingo of course is the same, struggling along. We just need a few more people.

Donna Chard,
Director

EARLY SPRING OR 6 MORE WEEKS OF WINTER?

Find out by joining the good folks of Wiarton, Ontario each year on February 2nd at Prediction Morning Celebrations.

The Town of South Bruce Peninsula is fortunate to have something that no one else has, an albino weather prognosticating groundhog!

As the most famous groundhog in Canada and the only albino weather prognosticator in the world, **Wiarion Willie's** prediction of the timing of spring is a news event that captures the interests of people around the world. Each year media from around the world converge on Wiarton to hear Willie make his famous prediction.

Letter from the Editor

We are actively looking for stories to report in the newsletter. If you have an article, photo or quip to share, we encourage you to send it in. Just place your material in the editor folder at the KSC front desk or email to: **admanej@bell.net** or call **416-460-5983** to discuss your ideas.

We need your name and contact information as well. Your material submitted will be returned. All news items will be considered for inclusion and must be received by the 20th of the month prior to edition.

Thanking you in advance.
Your scribe,
Scott Smith



Wiarion Willie enjoys a meal preparing for his day, Feb. 2!

Knightsbridge Seniors Centre

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Visit us on Facebook

Executive

President.....Wanda Menge
Vice President.....Peggy Healy
Secretary.....Sophia Baranik
Treasurer.....Pat Malcolm

Directors

Donna Chard
Nancy Van Tassel
Marguerite Friday

Knightsbridge News is published monthly for KSC members and guests. All news items will be considered for inclusion and must be received by the 20th of the month prior to edition.

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Email: admanej@bell.net

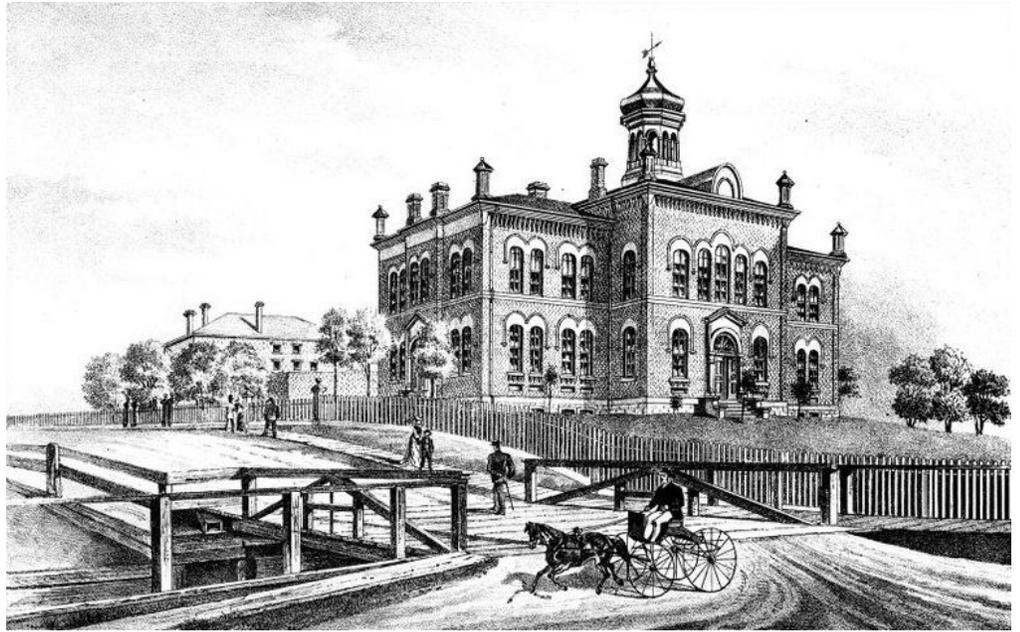


Brampton History – to the 20th Century

Brampton- Archaeological evidence confirms that native peoples had hunting camps and small villages along the Credit and Humber river valleys from about 8000 B.C.E. Even into the early 1800s, Brampton was still wilderness, largely untouched by settlement. To prepare for the eventual influx, lands in Chinguacousy and Toronto Gore Townships were surveyed in 1818 by a team led by Richard Bristol. The first European settlers arrive in the area in 1819.

In the early 1820s, John Elliott and William Lawson settled in the village. Both were from Brampton, Cumberland, England and in 1834, they named the settlement Brampton in honour of their English home. By 1853, Brampton was officially incorporated as a village with the population of almost 1,000. The Grand Trunk Railway constructed a rail line and a station in Brampton in 1856 which created an economic and population boom.

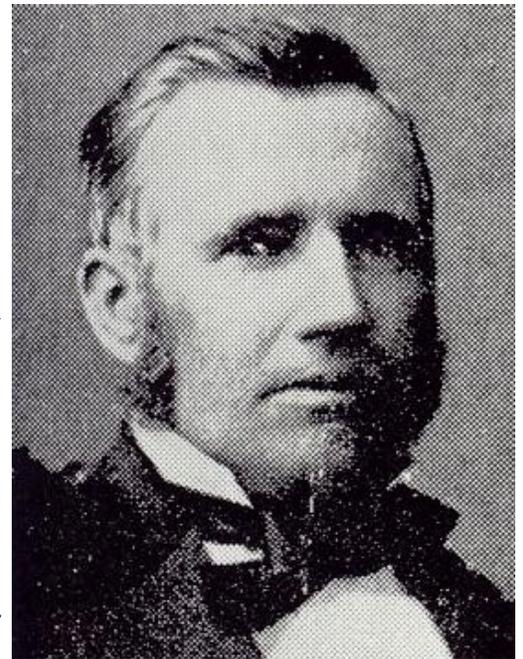
In 1867, Brampton was selected as the Peel County seat. The County Courthouse, Jail and other



Court House for the County of Peel, Brampton 1867

public buildings were constructed. Brampton was incorporated as a town in 1873 and John Haggert was elected the first Mayor in 1874.

In 1860, Edward Dale established a flower nursery. Within a few short years, Brampton became known as the “Flowertown of Canada” and soon Dale's Nursery was Brampton's largest employer. By the turn of the century, hundreds of acres of land were filled with greenhouses with flowers and plants exported around the world.



1874 - John Haggert elected as first Mayor of Brampton



EVERY
WEDNESDAY
AT 12:30 P.M.
IN THE AUDITORIUM

If you VOLUNTEERED for Knightsbridge Seniors Club in 2019 – AND completed your required 52 hours in 2019 -

YOU WILL BE RECEIVING YOUR PERSONAL INVITATION SOON, TO THE ANNUAL “VOLUNTEER APPRECIATION DINNER”.

DATE: Friday, March 13th, 2020

A NOTICE WILL BE POSTED SHORTLY WITH FURTHER DETAILS & NOTIFYING YOU TO PICK UP YOUR INVITE AT THE FRONT DESK!

KNIGHTSBRIDGE SENIORS' CLUB ANNUAL GARAGE SALE

Where: Knightsbridge Community & Seniors Centre
1A Knightsbridge Road, Brampton, ON

When: SATURDAY, APRIL 25TH, 2020

Time: 8:30 a.m. to 12 Noon

PLEASE NOTE: WE CANNOT ACCEPT YOUR ITEMS/DONATIONS BEFORE 1 P.M. ON FRIDAY, APRIL 24TH, 2020.

+ VOLUNTEERS – Members - *we need you - more than ever this year!*

A sign-up list - FOR VOLUNTEERS - WILL BE POSTED ON THE Bulletin Boards VERY SHORTLY. KINDLY sign up - IF YOU CAN HELP!

WILL YOU BE THERE?

**ANNUAL GENERAL MEETING – of the
Knightsbridge Seniors Club**

**Tuesday, March 24th, 2020
1:30 p.m. Knightsbridge Auditorium.**

YOUR club needs you to

PARTICIPATE & be INVOLVED.

**IF YOU ARE UNABLE TO ATTEND FOR ONLY THE
REASONS BELOW - PLEASE complete and sign a Proxy
form (available at the Front Desk):**

- **Illness, or - Hospitalization**
- **Previously booked Specialist appointment**
- **Previously booked Trip, Travel, or Vacation.**

**ONLY three (3) proxies per individual are allowed per
(current) member, and the person with the proxy(ies)
needs to personally attend & present them at the AGM.**

Agenda will include:

- **Financial & other reports from the Board;**
- **Amendments or Additions to our Constitution & By-Laws discussed – and approved;**
- **Election of Vice-President, Secretary and 3 Directors this year.**

Leap Year 2020

(Also known as an intercalary year or bissextile year) is a calendar year containing an additional day added to keep the calendar year synchronized with the astronomical or seasonal year. Because seasons and astronomical events do not repeat in a whole number of days, calendars that have the same number of days in each year drift over time with respect to the event that the year is supposed to track. By inserting (also called intercalating) an additional day or month into the year, the drift can be corrected. A year that is not a leap year is called a common year.

So welcome February 29, we've missed you! See you in another four years.

Family Day History

Family Day seeks to allow Canadians from certain provinces to enjoy a break between New Year's and Easter while emphasizing the importance of family life. Family Day originally began in the province of Alberta. In 1990, the Family Day Act was passed and Lieutenant Governor of Alberta, Helen Hunley, declared the third Monday of every February a provincial public holiday known as Alberta Family Day.

It took nearly two decades before other provinces began to create February holidays known as Family Days, Saskatchewan in 2007, Ontario in 2008 and British Columbia in 2013. Alberta, Sas-



katchewan and Ontario celebrate Family Day on the third Monday of February whereas British Columbia has chosen to celebrate it on the second Monday in February. Four other provinces and territories have created their own February holidays while the remaining five are currently under heavy pressure to conform to the rest of the country.

Join Us... Wednesday, February 26 at 10:30 AM For Our Annual **PANCAKE BREAKFAST**

2- pancakes, 3- sausages and choice
of orange juice, tea or coffee.

Only **\$6.** Per Person

**Hurry the ticket deadline is
Thursday, February 18!**

This is the 2nd. in a series of articles on...

Volunteering and its Surprising Benefits

Benefit: Volunteering connects you to others

One of the more well-known benefits of volunteering is the impact on the community. Volunteering allows you to connect to your community and make it a better place. Even helping out with the smallest tasks can make a real difference to the lives of people and organizations in need. And volunteering is a two-way street: It can benefit you and your family as much as the cause you choose to help. Dedicating your time as a volunteer helps you make new friends, expand your network, and boost your social skills.

Make new friends and contacts

One of the best ways to make new friends and strengthen existing relationships is to commit to a shared activity together. Volunteering is a great way to meet new people, especially if you are new to an area. It strengthens your ties to the community and broadens your support network, exposing you to people with common interests, neighborhood resources, and fun and fulfilling activities.

Increase your social and relationship skills

While some people are naturally outgoing, others are shy and have a hard time meeting new people. Volunteering gives you the opportunity to practice and develop your social skills, since you are meeting regularly with a group of people with common interests. Once you have momentum, it's easier to branch out and make more friends and contacts.



We are once again looking for Volunteers to cover shifts on the Front Desk and in the Snack Bar - KSC needs your help! Check

with a Board member what shifts are not covered, you can be a "fill-in" to cover the occasional shift. If you can spare us a few hours during the week, we would greatly appreciate your help - and don't forget that it takes only 52 hours a year to qualify for our Volunteers' Dinner in March.

Upcoming Events

Save these dates! Look here each month to plan your next activity with your friends at Knightsbridge Seniors Centre.

Date	Event
Wednesday, February 26	Pancake Breakfast 10:30 AM, Tickets only \$6. each at front desk
Friday, March 13	Volunteers Dinner
Tuesday, March 24	Annual General Meeting
Saturday, April 25	Garage Sale

*Need more information?
Just ask at the front desk.*



To All Our February Born Members

Joan Ankcorn	Jane Luffman
Winnie (Clara) Anstey	Deloris McFarlane
Davone Bishop	Enid McLean
Ahee Baran Budhwa	Adolf Menge
Marlene Callacott	Margaret Mulligan
Younhee Choi	Nancy Poitras
Sheila Colquhoun	Betty Rebello
Pat Domerecka	Margaret Ritchie
Margaret Donoghue	Barbara Rochette
Mae Dunwoody	Wilma Skinner
Shirley Field	Joan Supper
Brenda Heighington	Mary Vargas DeGomez
Gerry Holmes	Frieda Young

Activities and Social Events for February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 	3	4	5 HOT DOG	6	7	8
9	10	11	12 GRILLED CHEESE	13	14 	15
16	17  <i>Family Day</i>	18	19 SAUSAGE ROLLS	20 MOVIE NIGHT 6:30 P.M.	21	22
23	24	25	26 Pancake Breakfast \$6.	27 ALL ABOUT BOOKS 9:30 A.M.	28	29 LEAP DAY 2020!

MONDAY

Stitch'N Chatter
10:00 a.m.

Line Dancing
2:00 p.m.

Yoga *
2:30 p.m.

Billiard Room
open daily.

TUESDAY

Carpet Bowls
9:00 a.m.

Hairdresser
9:30 a.m.

Table Tennis
9:30 a.m.

Easy Fit *
12:00 noon

Stitch'N Chatter
1:00 p.m.

Choir Practice
1:30 p.m.

WEDNESDAY

Hairdresser
9:30 a.m.

Bingo
12:30 p.m.

Yoga *
1:30 p.m.

Stretch & Strengthen *
4:15 p.m.

COMPUTER CLASSES

Beginners and Advanced

See bulletin board for dates and times.

THURSDAY

Shuffleboard
9:00 a.m.

Table Tennis
9:00 a.m.

Easy Fit *
12:00 noon

All About Books
last Thursday of month 9:30 a.m.

Ink Drawing *
With Oil Rouging
1:00 p.m.

Bid Euchre
1:15 p.m.

Stretch & Strengthen *
2:00 p.m.

Osteofit *
4:00 p.m.

FRIDAY

Ceramics
9:00 a.m.

Art Drop In *
9:00 a.m.

Tai-Chi
Beginners and Advanced
9:30 a.m.

Zumba Gold *
11:30 a.m.

Euchre
1 p.m.

Gentle Yoga *
1:00 p.m.

Chair Exercise *
2:15 p.m.

Line Dancing
7:00 p.m.

One spelling mistake can destroy your life. A husband sent this to his wife:
"I 'm having a great time wish you were her."

* Denotes City of Brampton Parks & Recreation Program